

do I know if Counseling Center help me?

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Student Counseling Center:

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ues, call 704-894-2451,
ege Student Counseling Services
h Facility.

Counseling Services

Davidson College tuition entitles each student to as many as 10 individual one-hour sessions per academic year at no additional charge. If more sessions are needed, arrangements can be made on a fee-for-service basis. It is a resource students commonly use: during the course of an academic year, one in every five Davidson students seeks one or more individual sessions at the Student Counseling Center.

Issues addressed in counseling sessions vary greatly. Many are situational in nature, such as roommate problems, academic stress, culture shock and adjustment to returning from study abroad, the death of a grandparent or other family member, and parents' divorce. Others center on academic functioning, including such issues as learning disabilities, study habits, and time management. Some problems are more developmental, having to do with the stage of life in which students find themselves. These include such issues as problems involved with leaving home, changing relationships with parents, values clarification, the need to develop social skills or assertiveness, sexuality issues, and relationship issues for couples. Some students have more serious personality or behavior problems. These include alcohol/drug abuse, clinical depression, anxiety and panic disorders, and eating disorders.

The Student Counseling Center also provides **group counseling** and support groups, as appropriate. For example, the Center has recently had an eating disorder support group and a depression support group.

Referral to a private practitioner or hospital can be made if medication or inpatient services are needed.



Staff

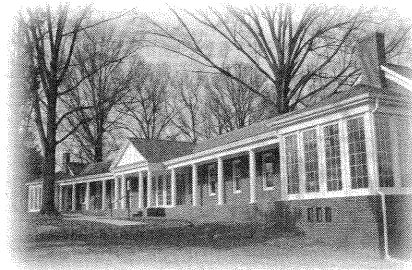
David Staton, Ph.D.
Director/Licensed Psychologist

DeWitt Crosby, Ph.D.
Licensed Psychologist

Nance Longworth, MSRC
Counselor

Georgia Ringle, M.P.H.
Health/Substance Abuse Educator

Margie Ruch
Staff Assistant



Student Counseling Center

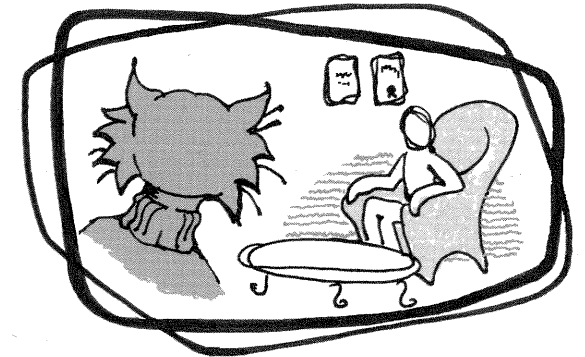
Davidson College
Box 7188

Davidson, N.C. 28035-7188
704-894-2451

Fax: 704-894-2615

www.davidson.edu/student/counseling

After Hours Pager: 704-356-2118



Student Counseling Center

[Promoting Students'
Personal Growth]

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Davidson College Student
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Appointments

Appointments are available during usual work hours, 8:30 a.m. to 5:00 p.m., Monday through Friday, and by request on two additional evenings per week. They may be made by calling 704-894-2451 or by visiting the Student Counseling Center, located in the Student Health Facility at the corner of 514 N. Main Street and the Glasgow Street entrance to the campus.

Ancillary Services

The staff of the Student Counseling Center is available to faculty, staff, and student groups for training and workshop presentations. These include such topics as assertiveness training and communication skills, relationship development, study skill, stress management and time management, and lay counseling skills for staff and faculty. The staff also offer a number of programs to the general campus community during the school year. The Counseling Center welcomes suggestions for other topics.

The staff of the Center can administer and interpret a variety of psychological tests and inventories. These are offered as an integral part of the basic counseling service of the Center.

The Student Counseling Center has available a number of books and audio tapes addressing a variety of relevant topics. These can be checked out at no charge.

Emergencies

Student psychological emergencies occurring during office hours are handled promptly at the Student Counseling Center. A counselor is on-call, available by pager, for phone or face-to-face consultation/counseling during evenings, weekends, and holidays. The counselor on-call can be reached by phoning the pager number 704-356-2118.

Any member of the campus community, including faculty, staff, students, and family members of students can utilize this free service, regarding a student psychological emergency.

Confidentiality

Sustaining student trust by ensuring full, professional confidentiality is of utmost importance to the Student Counseling Center staff. The staff subscribes to the ethical standards of the American Psychological Association and to the professional laws of the State of North Carolina. Adherence to these standards requires the confidentiality of all counseling and testing services. Students can be assured that all discussions with a counselor are private and that information about a client can be shared with others only with the student's written permission. The only exceptions to this rule are situations involving safety to self or others and child/elder abuse, in which case the counselor acts on

Consultation Services

Students, faculty, and staff may obtain confidential consultation regarding any person or situation within the campus community if there are concerns about personal safety or the need for psychological intervention. Student Counseling Center staff are also available for consultation regarding the planning of workshops, programs, and about such campus issues as minority or gender issues, leadership issues, small group conflict, etc. Consultation services are free and not part of the 10-session limit for counseling session.